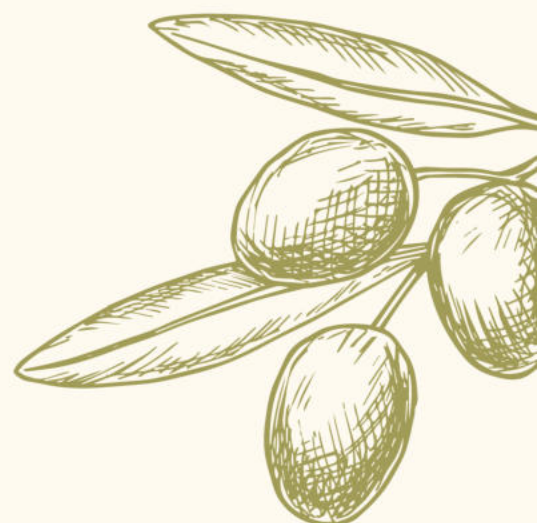




TASTE OF SICILY



Savor Sicily, One Bite at a Time on
this Special Curated Culinary Tour

8 DAYS & 7 NIGHTS



Tour Highlights:

Visit the Greek Theater, and explore Siracusa & Ortigia. Experience a Winery visit and the beauty of Baroque Noto. Delight in a culinary tour of authentic villages and indulge in an incredible cooking class. Unforgettable experiences await!

OVERVIEW:

Sicily, the largest island in the Mediterranean boasts many culinary jewels. This Sicily itinerary is a flavorful journey through the island's most delicious regions, blending culture, wine, and hands-on culinary experiences. Beginning in Catania, you'll explore vibrant markets and local street food before venturing to the slopes of Mount Etna for a winery visit and tasting, followed by a memorable sunset dinner at a family-owned vineyard. In Taormina, a hands-on cooking class brings traditional Sicilian recipes to life. Continuing to Siracusa and Ortigia, you'll savor fresh seafood amid historic seaside charm, then indulge in the baroque beauty and sweet specialties of Noto. The journey continues to Palermo, where bold flavors and iconic street food shine, before ending in Trapani with an authentic day alongside a local farmer, offering a true farm-to-table connection and a deeper taste of Sicilian tradition.

Featured Cities:

Catania, Taormina, Siracusa-Ortigia, Noto, Palermo and Trapani

DAY I Arrive in Catania Airport, Eastern Sicily



- ARRIVE AT CATANIA AIRPORT
- TRANSFER TO THE YOUR LODGING IN TAORMINA
- WELCOME DINNER SET IN THE ENCHANTING HILLTOP TOWN OF TAORMINA, YOUR WELCOME DINNER BEGINS WITH A WARM SICILIAN GREETING AND A GLASS OF LOCAL WINE. GUESTS GATHER FOR A BEAUTIFULLY CURATED MEAL OF REGIONAL SPECIALTIES, FROM FRESH SEAFOOD TO HANDMADE PASTA, EACH DISH REFLECTING THE ISLAND'S RICH CULINARY TRADITIONS. AS THE EVENING UNFOLDS, STORIES ARE SHARED, CONNECTIONS ARE MADE, AND IT BECOMES THE PERFECT INTRODUCTION TO SICILY'S VIBRANT FOOD CULTURE.





DAY 2 COOKING CLASS



INDULGE IN A CULINARY ADVENTURE WITHIN THE WARM CONFINES OF A FAMILY KITCHEN NESTLED IN GIARDINI NAXOS, WHERE THE DELIGHTFUL PRESENCE OF THE TEACHER’S MOM “NONNA MARIA” IS A CHERISHED TRADITION.

AS FOR THE MENU, YOU HAVE SEVERAL ENTICING OPTIONS:

- **ARTISAN PASTA WORKSHOP:** DIVE INTO THE WORLD OF PASTA-MAKING AS YOU CRAFT FRESH PASTA, INCLUDING RAVIOLI AND GNOCCHI, ENTIRELY FROM SCRATCH. EXPERIMENT WITH A VARIETY OF PASTA TYPES, INCLUDING COLORED VARIETIES, AND PAIR THEM WITH A MEDLEY OF DELECTABLE SAUCES.
- **CLASSIC ITALIAN FEAST:** EMBARK ON A GASTRONOMIC JOURNEY WITH A FOUR-COURSE ITALIAN EXTRAVAGANZA. THIS CULINARY EXPERIENCE ENCOMPASSES ANTIPASTO, A PASTA COURSE, A SUMPTUOUS MAIN DISH ACCOMPANIED BY DELIGHTFUL SIDES, AND A DELECTABLE DESSERT.
- **SICILIAN DELIGHTS:** IMMERSE YOURSELF IN THE FLAVORS OF SICILY WITH A FOUR-COURSE SHOWCASE OF TRADITIONAL SICILIAN SPECIALTIES. EXPLORE THE RICHNESS OF SICILIAN CUISINE IN EVERY DELICIOUS BITE.

AFTER A DAY FILLED WITH CULINARY CREATIVITY, WE WILL COME TOGETHER TO SAVOR OUR DISHES, ACCOMPANIED BY A FINE BOTTLE OF SICILIAN WINE.

OPTIONAL ON YOUR OWN: TAKE THE CABLE CAR TO ISOLA BELLA AND RELAX AT THE BEAUTIFUL EMERALD BEACHES



DAY 3 CATANIA



- TAKE A WALKING TOUR TO THE FOLLOWING SITES: PIAZZA DEL DUOMO: EXPLORE THE HEART OF CATANIA AS YOU VISIT THE STUNNING CATHEDRAL OF SANT'AGATA, THE ICONIC ELEPHANT FOUNTAIN, AND THE VIBRANT FISH MARKET.
- STREET FOOD TOUR OF CATANIA

Catania is bold, vibrant, and full of flavor, beginning at La Pescheria, the historic fish market behind Piazza Duomo, where vendors call out the day's catch and locals gather for espresso beneath the shadow of Mount Etna. You wander through lava stone streets sampling arancini stuffed with ragù or pistachio, flaky cipollina pastries, and Catania's beloved pasta alla Norma made with eggplant, tomato, and ricotta salata. Along the way you stop at small family run bakeries for pane cunzato dressed with olive oil, anchovies, and local cheeses, tasting the ingredients shaped by Etna's volcanic soil. The experience ends on a sweet note with cannoli filled to order, pistachio pastries from Bronte, and a refreshing almond granita or brioche with gelato, all while hearing the stories of the vendors and feeling the rhythm of everyday Sicilian life.

- WINE TASTING AT AN INCREDIBLE WINERY NEAR MT ETNA





DAY 4 RANDAZZO/ETNA SMALL VILLAGES



TODAY WE WILL SET OFF ON A PRIVATE TOUR TO VISIT AUTHENTIC SMALL VILLAGES CLOSEBY

- BEGIN THE DAY IN A STUNNING HAZELNUT GROVE WITH SWEEPING VIEWS OF MOUNT ETNA.

Meet the grower, taste fresh hazelnuts and creamy spreads, and enjoy a guided extra virgin olive oil tasting with local bread while learning how to spot true quality.

- SHEPHERD & FAMILY DAIRY IN RANDAZZO:

Continue to the medieval village of Randazzo to visit a multigenerational family dairy. Meet the shepherd, watch the craft in action, and taste warm, freshly made ricotta and Provola dei Nebrodi DOP straight from the source.

- SWEET SICILIAN TRADITIONS:

Stop at a beloved local pastry shop for crisp cannoli and refreshing artisanal granita.

- RUSTIC LOCAL LUNCH:

End the day with a generous traditional lunch featuring seasonal appetizers and a signature pasta or meat dish, paired with local wine





DAY 5 PALERMO



- TRANSFER TO PALERMO (3 AND A HALF HOUR DRIVE)
- VISIT THE PALERMO CATHEDRAL.
- VISIT ONE OF PALERMO'S OLDEST AND MOST VIBRANT STREET MARKETS. IMMERSE YOURSELF IN THE LIVELY ATMOSPHERE, EXPLORE THE COLORFUL STALLS, AND SAMPLE LOCAL STREET FOOD DELICACIES SUCH AS PANELLE (CHICKPEA FRITTERS) AND ARANCINI (FRIED RICE BALLS).
- TAKE A LEISURELY WALK THROUGH THE PICTURESQUE STREETS OF THE HISTORIC CENTER OF PALERMO, KNOWN AS THE QUATTRO CANTI.
- STOP AT THE PIAZZA PRETORIA, HOME TO THE STUNNING PRETORIA FOUNTAIN.
- IN PALERMO'S HISTORIC CENTER, WE'LL VISIT THE MONASTERY OF SANTA CATERINA, A FORMER CLOISTERED CONVENT KNOWN FOR ITS STUNNING BAROQUE ARCHITECTURE.

SpWe will see the monastery's famous bakery, I Segreti del Chiostro, where traditional Sicilian pastries are made using centuries-old convent recipes. Don't miss their handmade cannoli, filled to order with fresh ricotta and topped with pistachios, orange peel, or chocolate and their beautiful mosaic tiled terrace.





DAY 6 TRAPANI AND ALCAMO



- LIVE A DAY IN THE LIFE OF A TRUE SICILIAN FARMER.

Spend an unforgettable day with a charming Sicilian farmer, where you'll immerse yourself in the authentic rhythms of farm life. Start by touring his beautiful farm, gathering fresh ingredients straight from the land. Under his guidance, you'll craft traditional Trapanese pesto from scratch. He will prepare incredible pasta using his wood-fired oven, complemented by a selection of fresh, locally sourced antipastos. For dessert, enjoy the simple pleasure of handpicked fruit from the farm. This intimate experience offers a true taste of Sicily's rich culinary traditions and its warm, welcoming way of life.

- SUNSET SICILIAN TAPAS/WINE PAIRING AND TOUR OF AN INCREDIBLE FAMILY OWNED WINERY

Experience a visit to a family-owned winery, where you'll be guided through the rich history and intricate process of winemaking, alongside insights into honey production and olive cultivation for premium olive oil. Following the tour, indulge in a thoughtfully curated sunset dinner and wine pairing in a truly enchanting setting, making for an unforgettable culinary experience





DAY 7 CEFALU



- CEFALÙ IS A CHARMING SEASIDE FISHING TOWN WHERE CULINARY TRADITIONS ARE SHAPED BY THE DAILY CATCH AND GENERATIONS OF COASTAL LIFE. ALONG ITS SMALL HARBOR, FISHERMEN BRING IN FRESH SWORDFISH, SARDINES, AND RED PRAWNS THAT FIND THEIR WAY ONTO SIMPLE, UNFORGETTABLE PLATES OF SEAFOOD PASTA, GRILLED FISH, AND COUSCOUS. WANDERING THE OLD TOWN'S NARROW STREETS, YOU TASTE OLIVE OILS, LOCAL CHEESES, AND SWEETS MADE WITH SICILIAN ALMONDS AND CITRUS, ALL ENJOYED IN THE SHADOW OF THE NORMAN CATHEDRAL AND THE BEAUTIFUL BOARDWALK. IN CEFALÙ, FOOD IS DEEPLY TIED TO THE SEA, THE SEASONS, AND THE RHYTHM OF THIS TIMELESS FISHERMAN VILLAGE.
- TAKE A SHORT ORIENTATION WALK AROUND CEFALU. VISIT CEFALÙ CATHEDRAL (DUOMO DI CEFALÙ). ADMIRE THE STUNNING NORMAN ARCHITECTURE AND THE BEAUTIFUL BYZANTINE MOSAICS INSIDE.
- VISIT THE LAVATIO MEDIEVALE, AN ANCIENT COMMUNAL WASHING AREA BUILT DURING THE MIDDLE AGES. ADMIRE THE ARCHITECTURE AND LEARN ABOUT ITS HISTORICAL SIGNIFICANCE IN CEFALÙ'S PAST.
- LUNCH AT A TOP RESTAURANT
- AFTERNOON: ENJOY SOME FREE TIME TO EXPLORE CEFALÙ AT YOUR OWN PACE. TAKE A LEISURELY STROLL THROUGH THE CHARMING STREETS, WHERE YOU'LL FIND PLENTY OF CLOTHING AND SOUVENIR SHOPS FOR BROWSING. ALTERNATIVELY, YOU CAN OPT TO SPEND SOME RELAXING TIME AT THE BEACH.



DAY 8



- TRANSFER TO PALERMO AIRPORT
- CIAO SICILIA!





QUOTE
INCLUDES:

****Our mission at The Sicily Experience is to immerse you in this passionate culture to truly have you experience Sicily just like a local****



Expert Tour leader



Additional expert guides



Highly-rated lodging



Air conditioned transportation



All breakfasts at your lodging



Admission to activities listed on your itinerary



All lunches, Welcome and Farewell Dinners



Pre-departure Information

PLEASE NOTE:

- TIPS FOR YOUR GUIDES AND DRIVERS ARE NOT INCLUDED. THE FOLLOWING AMOUNTS (IN EURO) ARE RECOMMENDED:
 - Local city guides: 3 EURO per person
 - Drivers: 5 EURO per person per day
 - Tour Leaders: the amount is up to you, but we suggest 10 EURO per person per day
- EACH INCLUDED MEAL WILL INCLUDE ONE NON-ALCOHOLIC BEVERAGE.

“To have seen Italy without having seen Sicily is not to have seen Italy at all” – German writer Goethe, 1787.

FOR BOOKINGS AND INQUIRIES:

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ARRIVEDERCI!

