



Experience Cuba Legally. The time is now!

# CUBAN MUSIC & ART

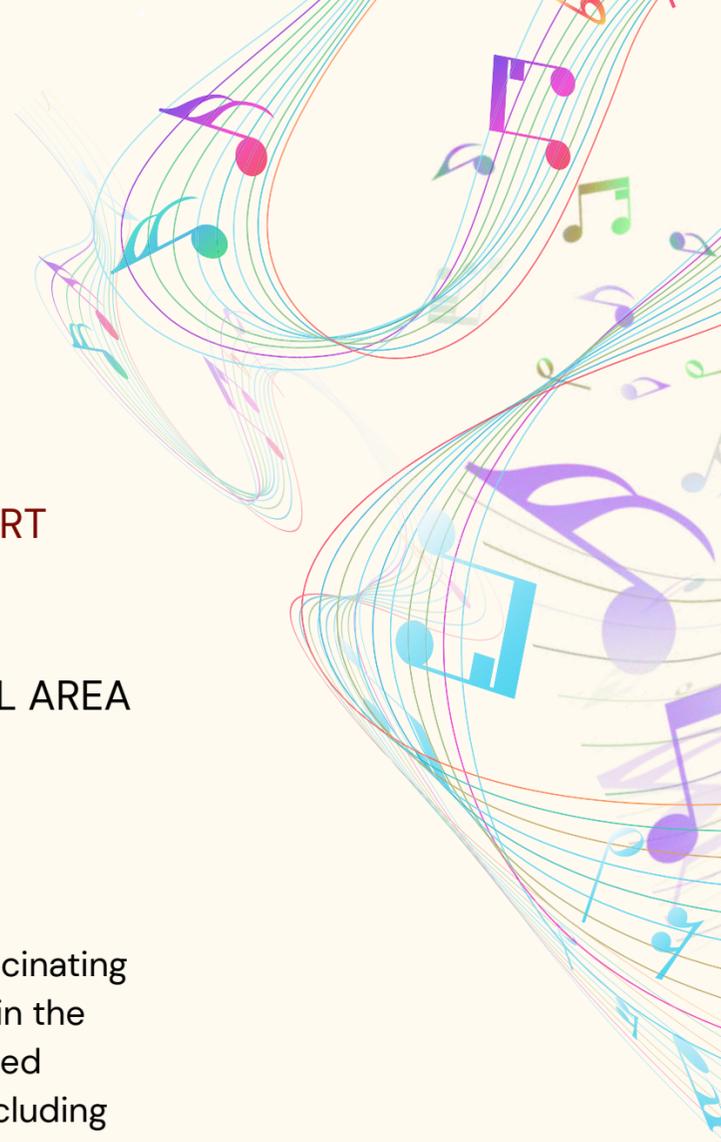
Soulfully curated.  
Authentically Cuban.

**7 DAYS & 6  
NIGHTS**



# DAY 1

# USA - HAVANA



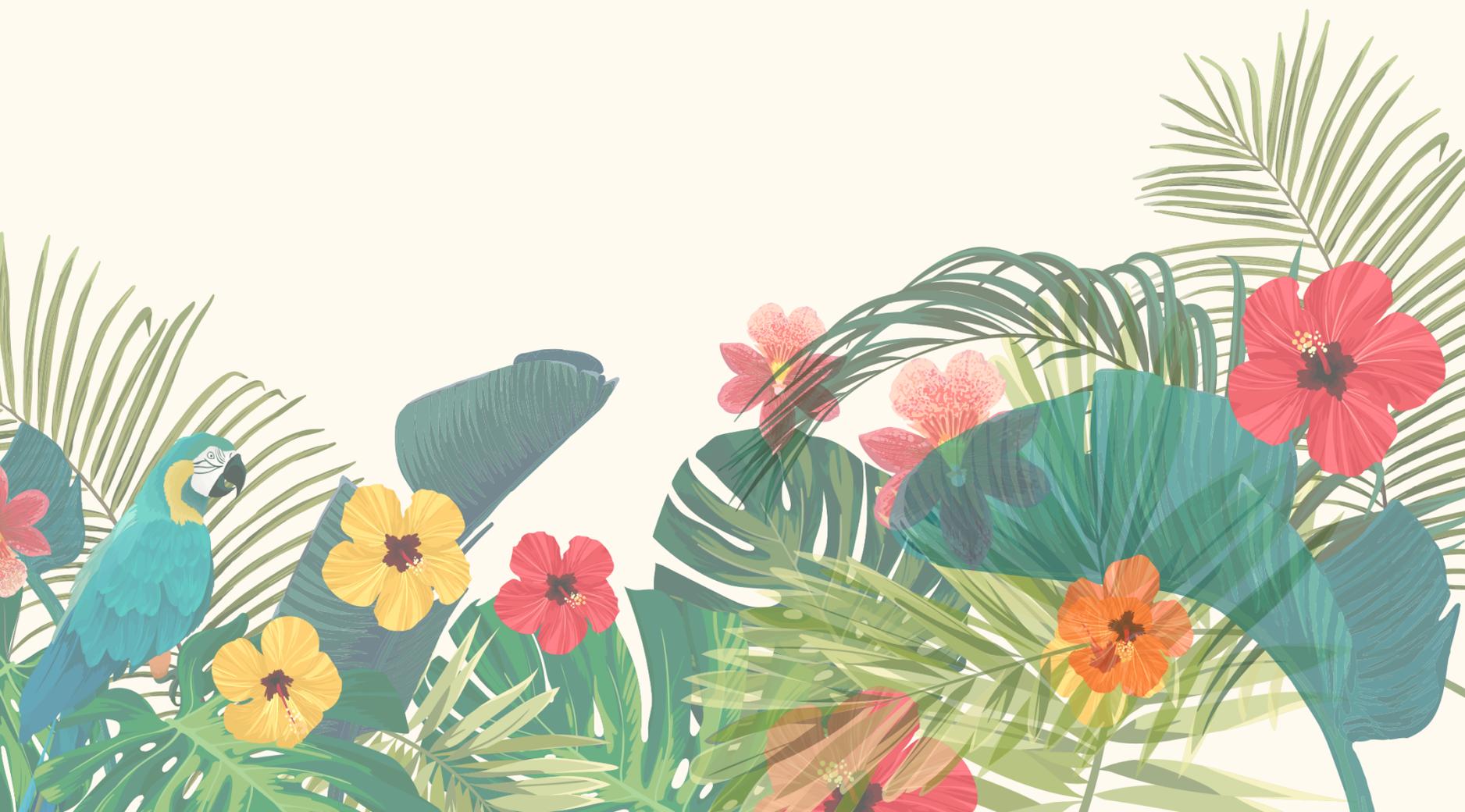
- ARRIVE AT JOSE MARTI INTERNATIONAL AIRPORT (HAV)
- LOOK FOR YOUR TOUR LEADER IN THE ARRIVAL AREA HOLDING A SIGN WITH YOUR NAME
- VISIT THE **HISTORIC HOTEL NACIONAL**

The upscale 457-room Hotel Nacional de Cuba has a fascinating and storied history, ranging from a major mafia meeting in the '40s that took place on-site to tunnels in the gardens used during the Cuban Missile Crisis. The common spaces, including the lobby and the ocean-view gardens, are gorgeous, casting light on Havana's golden age of Cuban hospitality, nightlife and entertainment.

- HEAD TO LODGING FOR CHECK IN AND ORIENTATION
- EXPERIENCE A RIDE IN A **CLASSIC CONVERTIBLE CAR** AROUND HAVANA CITY AT SUNSET (1 HR)

Havana is beloved by American visitors with its collection of thousands of vintage American cars, manufactured before the Revolution and subsequent US embargo. In the absence of automobile imports, these living relics are preserved by Cuban mechanics or improvised fixes by the owners themselves. Experience an hour in a classic convertible Chevy, Ford or Oldsmobile!

- WELCOME DINNER AT **LOS MERCADERES PALADAR**





# DAY 2 HAVANA

---



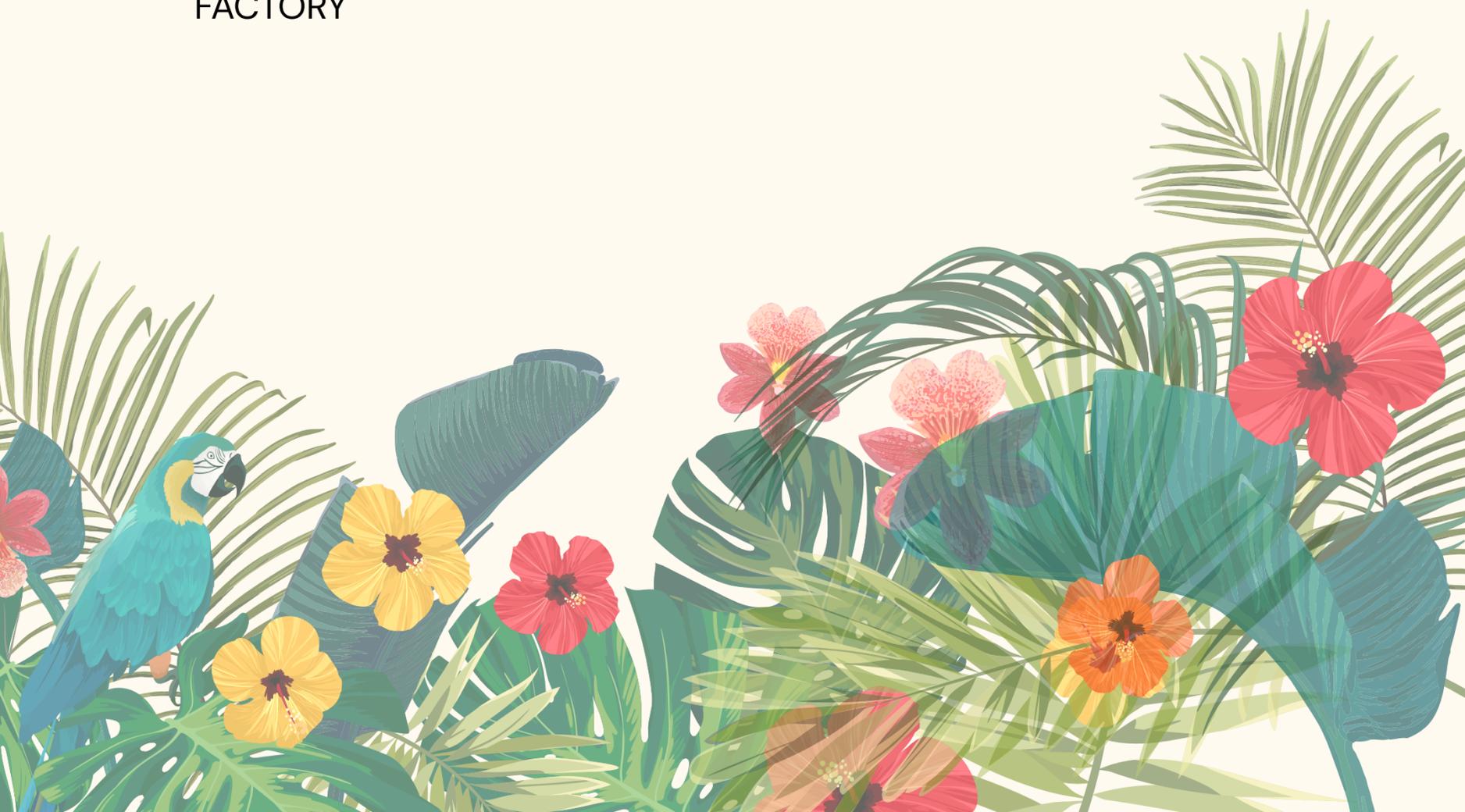
- VISIT **OLD HAVANA** AND LEARN ABOUT HAVANA'S WORLD-RENOWNED UNESCO HERITAGE DESIGNATED ARCHITECTURE ON AN EXPERTLY GUIDED WALKING TOUR (2 HRS)

There is no better introduction to Havana than a walk through Old Havana, where the streets are bustling with life. On this walk you will explore Old Havana's five major plazas and see the interiors of cathedrals and other important buildings. UNESCO designated Old Havana as a world heritage site in 1982. Although today Havana is a sprawling metropolis of more than two million people, the old center retains an interesting mix of Baroque and neoclassical monuments, beautiful balconies and courtyards.

- LUNCH AT **EL DEL FRENTE PALADAR** (A STAFF AND CLIENT FAVORITE, TRY THE DAIQUIRIS!)
- ENJOY A **PRIVATE PERFORMANCE** WITH ONE OF CUBA'S TOP PROFESSIONAL MUSIC GROUPS
- VISIT THE **TALLER DE LA GRÁFICA LITHOGRAPH COLLECTIVE**

Located in the heart of the old city, Taller de La Gráfica de la Habana is one of Havana's most revered artistic attractions, featuring lithograph artists who create and sell their own experimental work on site. Visitors learn about the collective's equipment and techniques from the artists themselves and can purchase art directly from the Taller.

- **NIGHTLIFE SUGGESTION:** VISIT THE CUBAN ART FACTORY





# DAY 3 HAVANA

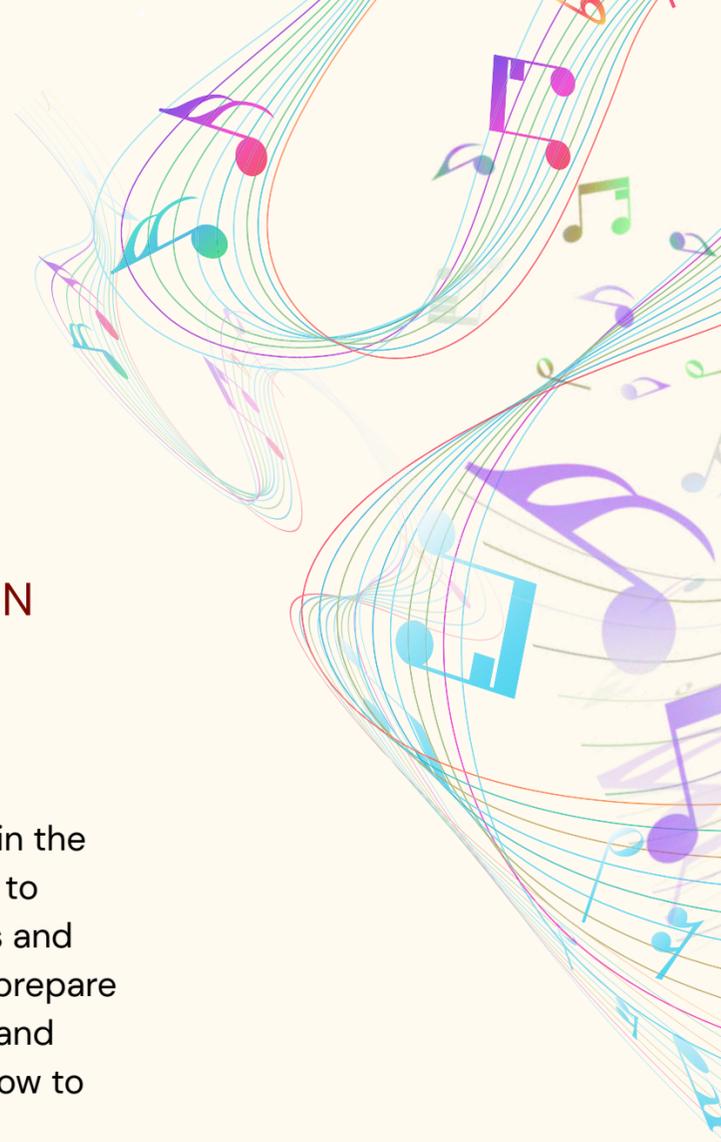
---

- EXPERIENCE A **COOKING DEMONSTRATION AND LUNCH** AT ONE OF HAVANA'S BEST RESTAURANTS

This adventure in Cuban daily living and cooking begins in the morning, when an expert cook gives you an introduction to Cuban cuisine and its origins. After a tour of the gardens and farm (on site) you will watch a demonstration of how to prepare local dishes such as ropa vieja (shredded beef), lobster and shrimp enchilado (in tomato sauce). You will also learn how to prepare a Cuban mojito.

- VISIT **FUSTERLANDIA**, THE HOME, GALLERY, AND MOSAIC ART NEIGHBORHOOD OF JOSE FUSTER.

Sometimes referred to as the Picasso of the Caribbean. Inspired by works he saw by Gaudí in Spain and Brancusi in Romania, this self taught artist devoted himself to creating a more colorful and creative atmosphere for himself and his neighbors. The result is unlike anything you have ever seen!

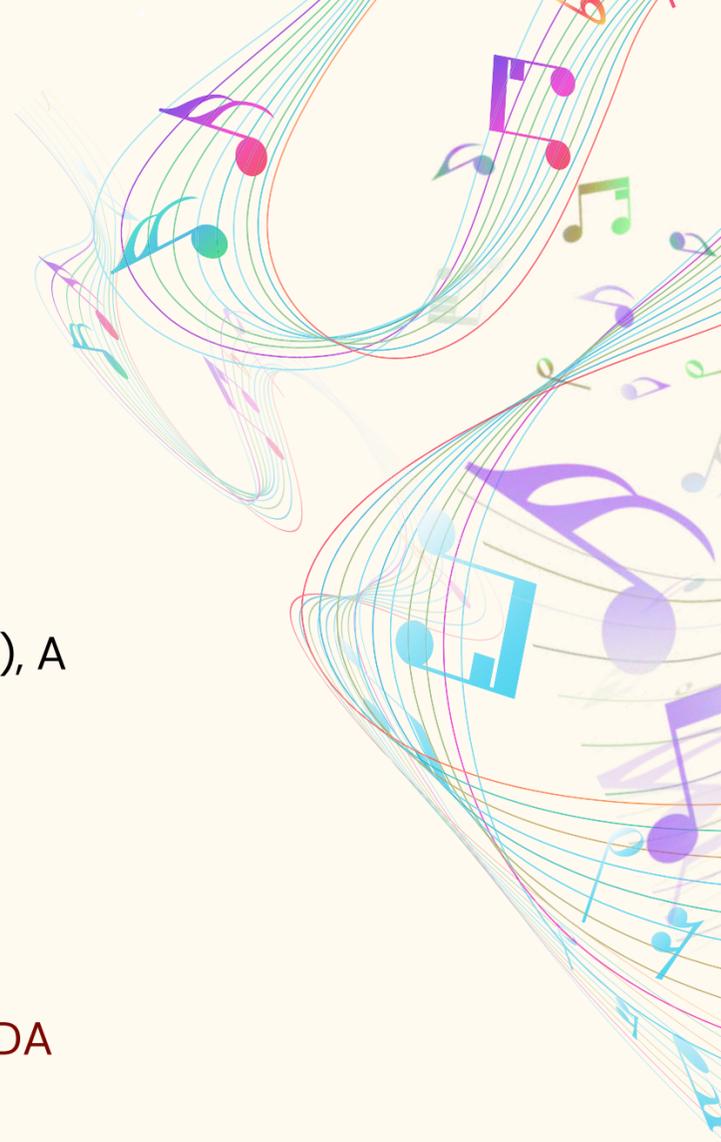




# DAY 4

---

## HAVANA - CIENFUEGOS - TRINIDAD



- HEAD TO **CIENFUEGOS** (3.5 HOURS DRIVE), A SMALL STUNNING CITY KNOWN FOR ITS FRENCH ARCHITECTURE
- LUNCH AT **ACHÉ PALADAR**
- ENJOY A WALKING TOUR OF **PUNTA GORDA NEIGHBORHOOD** ALONG THE WATER
- HEAD TO **TRINIDAD** (1 HOUR DRIVE) AND CHECK INTO LODGING
- **NIGHTTIME SUGGESTION:** VISIT THE CASA DE LA TROVA, A GREAT PLACE TO EXPERIENCE TRADITIONAL CUBAN MUSIC AND DANCE



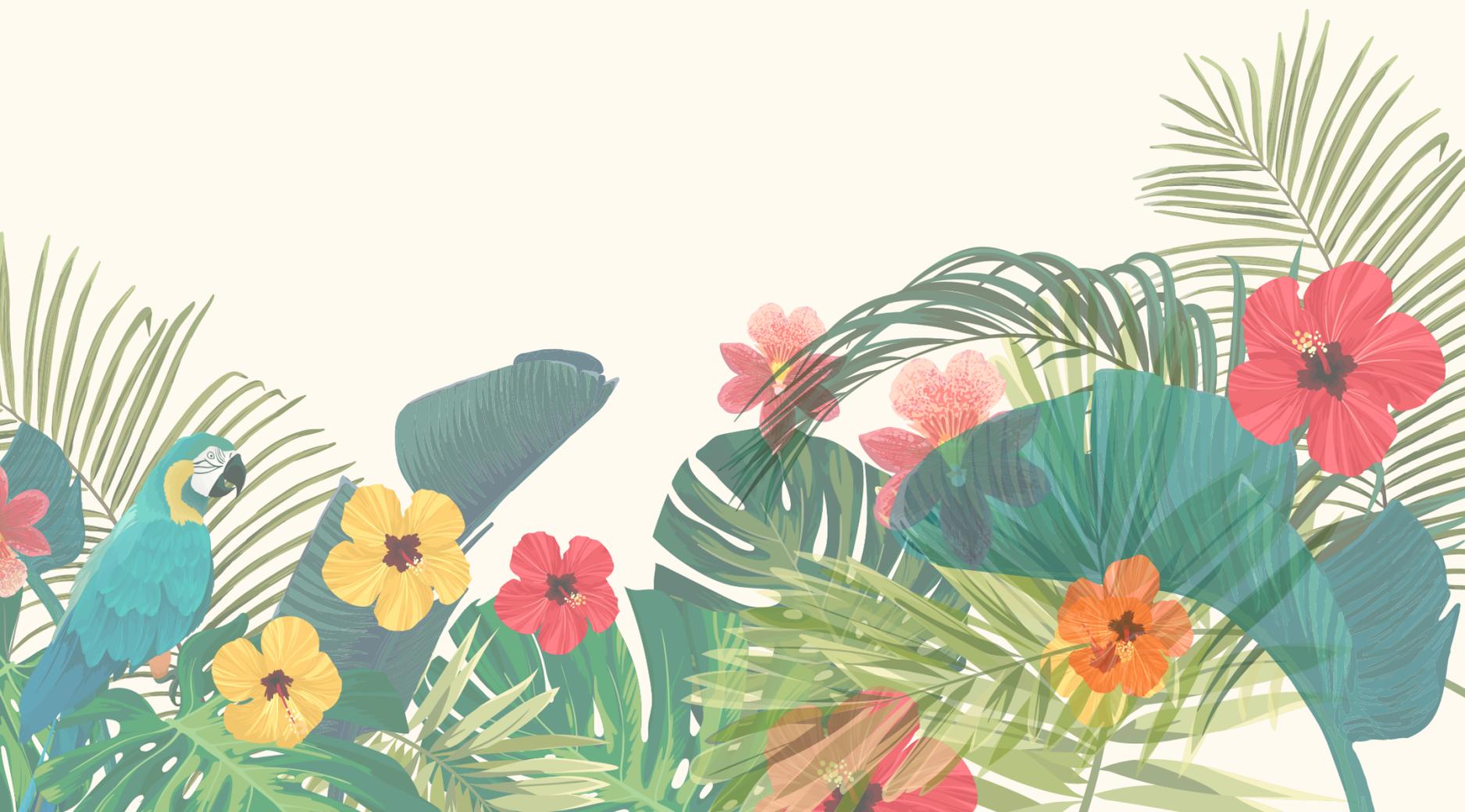


# DAY 5

## TRINIDAD

---

- TAKE A CITY TOUR OF **TRINIDAD** WITH A LOCAL EXPERT AND BECOME ACQUAINTED WITH ITS 500 YEAR-OLD UNESCO DESIGNATED HISTORICAL SITES (AROUND 2 HOURS OF WALKING)
- LUNCH AT **SOL ANADA PALADAR**
- HIKE TO A **WATERFALL AND GO SWIMMING** OR VISIT THE BEACH
- **NIGHTTIME SUGGESTION:** VISIT THE CASA DE LA TROVA, A GREAT PLACE TO EXPERIENCE TRADITIONAL CUBAN MUSIC AND DANCE





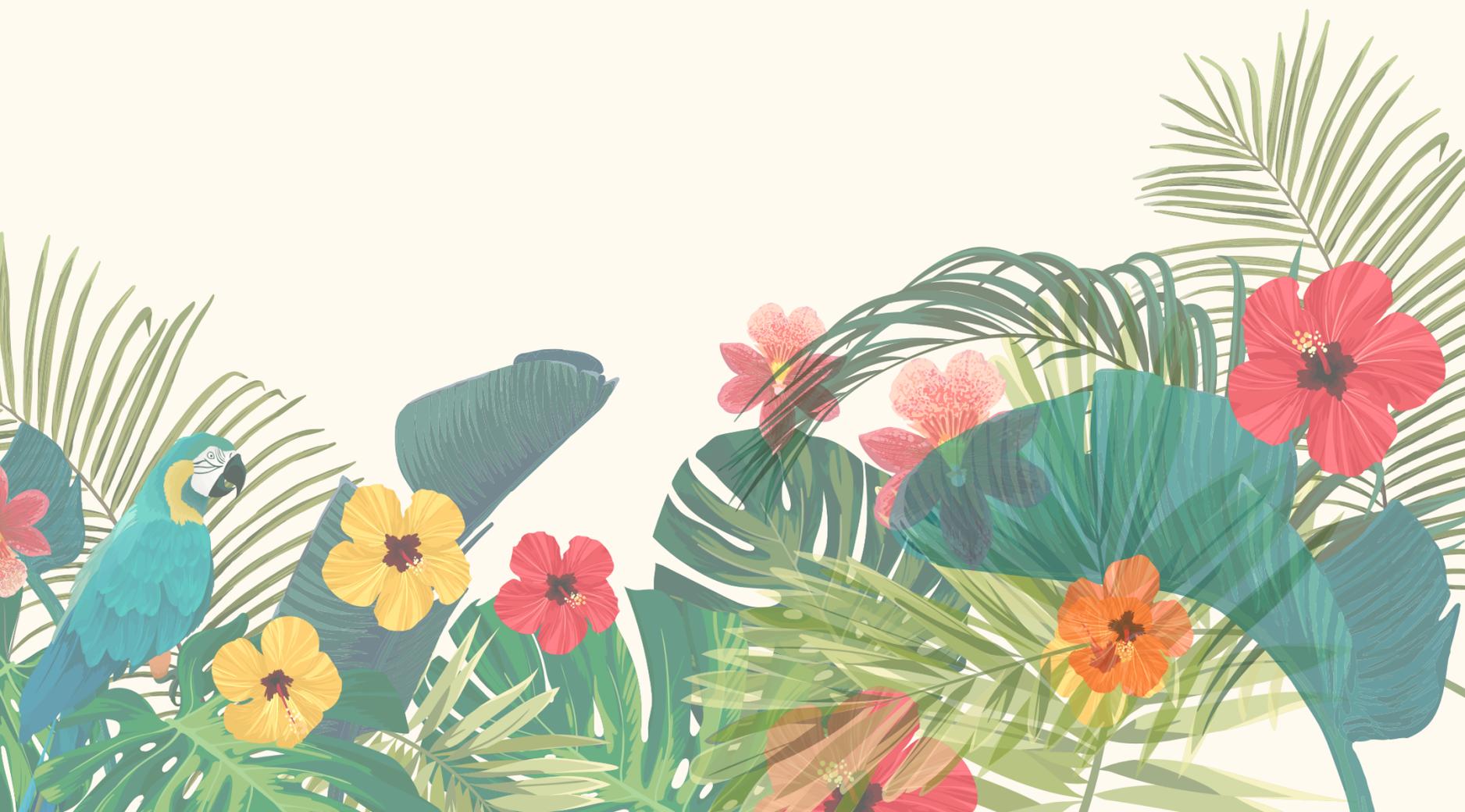
# DAY 6 TRINIDAD - HAVANA

---

- TRAVEL BACK TO HAVANA (3.5 HOURS DRIVE)
- LUNCH AT LA COCINA DE LILLIAM PALADAR
- ENJOY A PERFORMANCE BY HAVANA COMPÁS DANCE TROUPE

Cuba's Spanish and African roots are on display with this popular female group, which merges flamenco style dance with Afro-Cuban rhythms. Dancers use sticks, castanets, heels, flip flops, keys, chequerés and chairs to create a unique percussive aesthetic

- CHECK BACK INTO YOUR LODGING

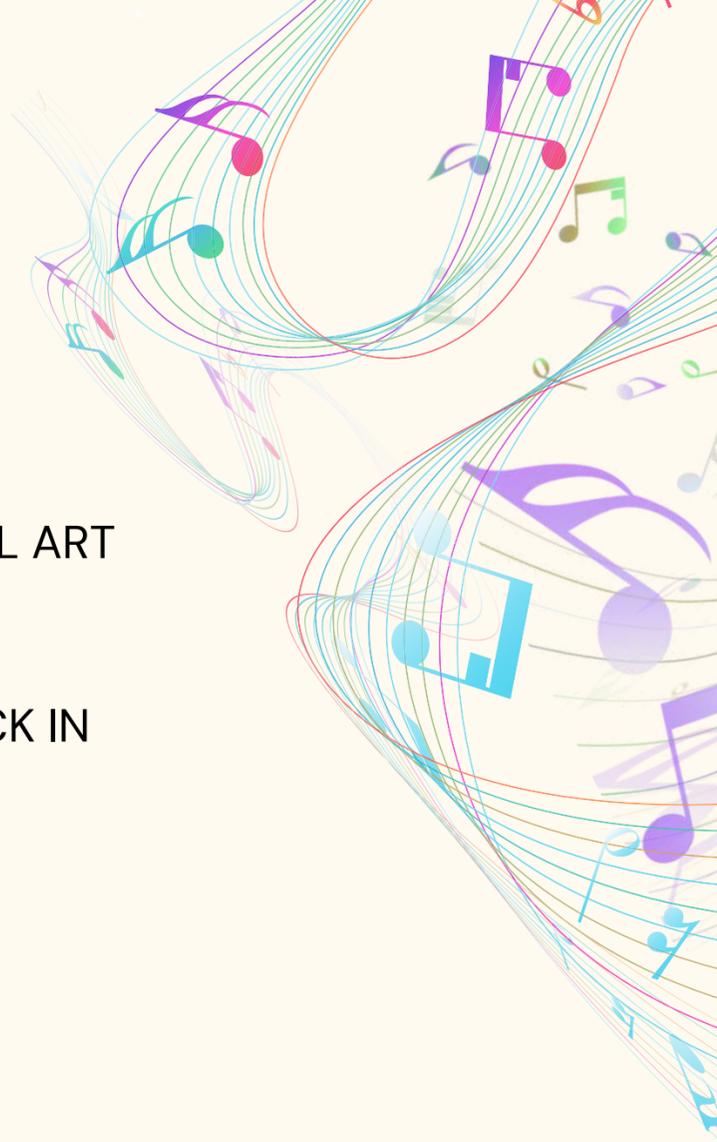


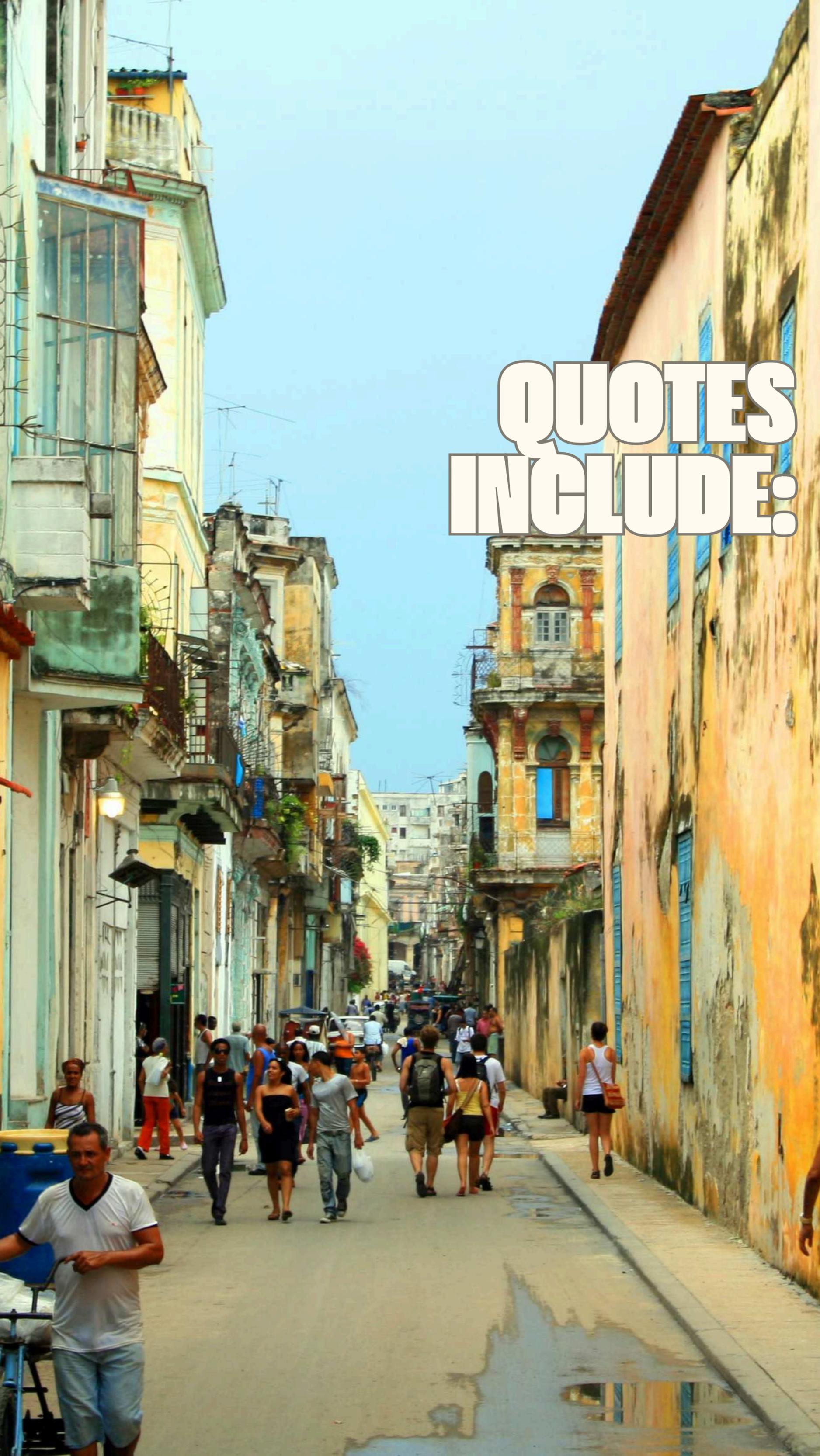


# DAY 7 HAVANA - USA

---

- VISIT **SAN JOSE CRAFT MARKET** OR LOCAL ART GALLERIES FOR FINAL SHOPPING
- HEAD TO **JOSE MARTÍ AIRPORT** FOR CHECK IN (AIRPORT TRANSFER INCLUDED)
- ¡ADIOS CUBA!





**QUOTES  
INCLUDE:**



Cuban E-Visa  
and Customs  
Form



Tour leader



Highly-rated  
lodging



Air conditioned  
transportation



All breakfasts in  
Cuba at your  
lodging



Admission to  
places listed  
in your itinerary



All lunches in  
Cuba at the  
best paladares

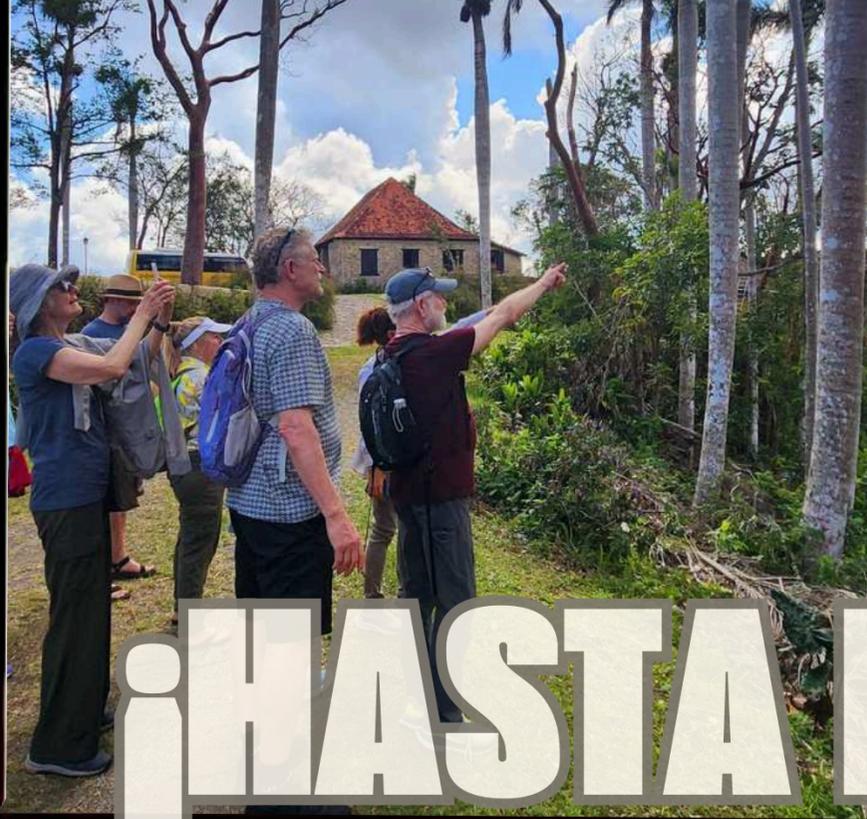


One welcome  
dinner at a  
top paladar

## PLEASE NOTE:

- TIPS FOR YOUR GUIDES AND DRIVERS ARE NOT INCLUDED. THE FOLLOWING AMOUNTS (IN USD) ARE RECOMMENDED:
  - Local city guides in Havana and other cities: 3 USD per person
  - Drivers: 5 USD per person per day
  - Tour Leaders: the amount is up to you, but we suggest 10 USD per person per day
- EACH INCLUDED MEAL WILL INCLUDE ONE NON-ALCOHOLIC BEVERAGE.

This itinerary is subject to change. Each program is customized for the group to create the richest cultural experience possible. Our trips focus on authenticity, and some of the places we visit may not always be available. All activities are designed to foster meaningful interaction with the Cuban people, in keeping with the "Support for the Cuban People" category. We require participation in these activities is required to comply fully with U.S. Department of Treasury regulations.



41

TRA 400



41

TRA 400



41

TRA 400



41

TRA 400



41

TRA 400



41

TRA 400

# ¡HASTA LA PRÓXIMA!