



A SICILIAN ADVENTURE WITH EMMET COHEN

Exclusive Music, Coastal, Winery &
Culinary Tour

6 DAYS & 5 NIGHTS

OCTOBER 23 - 28, 2026



OVERVIEW:

Embark on an unforgettable journey through Western Sicily, where rich history, culinary delights, and world-class jazz converge. Begin in the vibrant capital of Palermo, exploring its bustling food markets, the majestic Palermo Cathedral, and iconic landmarks like Teatro Massimo and Quattro Canti. Delve into the island's culinary traditions with a hands-on cooking experience alongside a local farmer, and savor the flavors of Sicily during a sunset winery tour and tapas tasting under an olive tree at a family owned winery overlooking a castle.

Journey to the medieval hilltop town of Erice, renowned for its enchanting castle and delectable almond pastries, and unwind in the picturesque coastal village of Cefalù, known for its stunning beaches. Marvel at the ancient Greek ruins of Segesta, where well-preserved temples stand as a testament to the island's rich past.

What makes this tour truly exceptional are two concerts by the acclaimed Emmet Cohen Trio—an extraordinary musical experience woven into your Sicilian adventure. This curated itinerary offers the perfect blend of culture, cuisine, scenery, and incredible jazz for an unforgettable journey.

DAY I PALERMO



- AIRPORT TRANSFER AND CHECK INTO LODGING IN PALERMO
- 3:00 PM OF THE TEATRO MASSIMO

Note: This activity is optional and subject to your flight schedule. Please note, the timing cannot be adjusted for late arrivals

- WELCOME DINNER

On your first evening in Palermo, you'll be welcomed with a special dinner at one of the city's top restaurants, celebrated for its take on traditional Sicilian cuisine. This is the perfect place to relax after your travels, savor unforgettable dishes crafted with local ingredients, and toast to the adventures ahead with wonderful Sicilian wines.





DAY 2 PALERMO



- **WITH A TOUR SPECIALIST:** VISIT THE MAJESTIC PALAZZO NORMANNI. EXPLORE ITS STUNNING MIX OF ARCHITECTURAL STYLES, INCLUDING NORMAN, ARAB, AND GOTHIC ELEMENTS.
- VISIT THE **PALERMO CATHEDRAL**.
- VISIT ONE OF PALERMO'S OLDEST AND MOST **VIBRANT STREET MARKETS**.

Immerse yourself in the lively atmosphere, explore the colorful stalls, and sample local street food delicacies such as panelle (chickpea fritters) and arancini (fried rice balls).

- TAKE A **LEISURELY WALK** THROUGH THE PICTURESQUE STREETS OF THE HISTORIC CENTER OF PALERMO, KNOWN AS THE **QUATTRO CANTI**.
- STOP AT THE **PIAZZA PRETORIA**, HOME TO THE STUNNING PRETORIA FOUNTAIN.
- IN PALERMO'S HISTORIC CENTER, WE'LL VISIT THE **MONASTERY OF SANTA CATERINA**, A FORMER CLOISTERED CONVENT KNOWN FOR ITS STUNNING BAROQUE ARCHITECTURE.

Inside, we'll stop at the monastery's famous bakery, I Segreti del Chiostro, where traditional Sicilian pastries are made using centuries-old convent recipes. Don't miss their handmade cannoli, filled to order with fresh ricotta and topped with pistachios, orange peel, or chocolate and their beautiful mosaic tiled terrace.

- PRIVATE SHOW WITH EMMET COHEN TRIO AT **THE REAL TEATRO SANTA CECILIA IN PALERMO AT 7:30 PM**

The Real Teatro Santa Cecilia, founded in 1692 in Palermo's historic Kalsa district, is the city's oldest theatre. Originally a grand Baroque venue for aristocratic audiences, and has been beautifully restored. Today, it serves as the home of Fondazione The Brass Group and is a vibrant center for jazz and contemporary music.



DAY 3 CEFALU



- TAKE A **SHORT ORIENTATION WALK AROUND CEFALÙ**. VISIT THE DUOMO AND ADMIRE ITS NORMAN DESIGN AND BYZANTINE MOSAICS.
- SEE THE **LAVATOIO MEDIEVALE**, A HISTORIC COMMUNAL WASHHOUSE. LEARN ITS ROLE IN CEFALÙ'S PAST.
- ENJOY **LUNCH AT A TOP LOCAL RESTAURANT**.
- **AFTERNOON:** ENJOY SOME FREE TIME TO EXPLORE CEFALÙ AT YOUR OWN PACE. TAKE A LEISURELY STROLL THROUGH THE CHARMING STREETS, WHERE YOU'LL FIND PLENTY OF CLOTHING AND SOUVENIR SHOPS FOR BROWSING. ALTERNATIVELY, YOU CAN OPT TO SPEND SOME RELAXING TIME AT THE BEACH.





DAY 4

SEGESTA & CASTELLAMMARE DEL GOLFO



- **WITH A TOUR SPECIALIST:** MORNING VISIT TO THE TEMPLES AND GRECO-ROMAN WITH INCREDIBLE ACOUSTICS THEATER THAT STILL HOSTS LIVE CONCERTS AND HAS A 4000 PERSON SEATING CAPACITY.
- LUNCH AT SEGESTA
- TRANSFER TO **CASTELLAMMARE DEL GOLFO** AND CHECK INTO LODGING
- **SUNSET WINE/TAPAS PAIRING** AND TOUR OF AN INCREDIBLE FAMILY OWNED WINERY

Experience a visit to a family-owned winery, where you'll be guided through the rich history and intricate process of winemaking, alongside insights into honey production and olive cultivation for premium olive oil. Following the tour, indulge in a thoughtfully curated sunset dinner and wine pairing in a truly enchanting setting, making for an unforgettable culinary experience.





DAY 5 ERICE & TRAPANI



- TAKE A SHORT DRIVE TO THE **FAMED MEDIEVAL TOWN OF ERICE**, SITUATED ON TOP OF MOUNT ERICE. EXPLORE THE NARROW, COBBLESTONE STREETS LINED WITH STONE HOUSES AND ANCIENT CHURCHES.
- DISCOVER THE **CHARM OF ERICE'S PASTRY SHOPS** AND INDULGE IN SOME TRADITIONAL SWEETS, SUCH AS CANNOLI, MARZIPAN FRUITS, AND ALMOND PASTRIES. DON'T MISS OUT ON TRYING THE FAMOUS GENOVESI ERICINE, A LOCAL ALMOND-BASED CAKE.
- VISIT THE **DUOMO OF ERICE** AND ADMIRE ITS BEAUTIFUL GOTHIC AND NORMAN ARCHITECTURE. STEP INSIDE TO APPRECIATE THE STUNNING MARBLE WORKS AND INTRICATE DETAILS.
- TAKE A **LEISURELY STROLL ALONG THE CITY WALLS OF ERICE** AT SUNSET AND THE CASTLE AT THE TOP OFFERING BREATHTAKING VIEWS OF THE SURROUNDING AREA AND THE COASTLINE.
- LIVE A DAY IN THE LIFE OF A **TRUE SICILIAN FARMER**.

Spend an unforgettable day with a charming Sicilian farmer, where you'll immerse yourself in the authentic rhythms of farm life. Start by touring his beautiful farm, gathering fresh ingredients straight from the land. Under his guidance, you'll craft traditional Trapanese pesto from scratch. He will prepare incredible pasta using his wood-fired oven, complemented by a selection of fresh, locally sourced antipastos. For dessert, enjoy the simple pleasure of handpicked fruit from the farm. This intimate experience offers a true taste of Sicily's rich culinary traditions and its warm, welcoming way of life

- **PRIVATE SHOW WITH EMMET COHEN TRIO AT THE BLUE BRASS JAZZ CLUB AT 7:30 PM**

The Blue Brass Jazz Club, located in Palermo's Kalsa district, is housed within a prestigious music school in a 17th century building. Set inside the historic Spasimo complex, it offers an intimate setting for live performances by both students and renowned international jazz artists, making it one of the city's most vibrant and authentic jazz venues.





DAY 6 PALERMO - USA

THE FINAL DAY'S ACTIVITIES ARE DESIGNED FOR GUESTS DEPARTING LATER IN THE DAY.



- EXPLORE THE EXTRAORDINARY MANGIAPANE CAVE IN CUSTONACI, A HIDDEN GEM WHERE HISTORY AND NATURE INTERTWINE.

This vast limestone cave, once home to prehistoric inhabitants, later became a tiny rural village, complete with stone houses, artisan workshops, and a small chapel—all remarkably preserved within the cave's towering walls. Walking through this open-air museum, we'll step back in time and gain insight into Sicily's rural past, experiencing firsthand the traditions and way of life that shaped the region.

- FROM CUSTONACI, WE CONTINUE TO THE PICTURESQUE SEASIDE VILLAGE OF SCOPELLO, WHERE WE'LL INDULGE IN ONE OF SICILY'S MOST ICONIC AND FLAVORFUL DISHES—PANE CUNZATO.

This traditional "seasoned bread" is a celebration of simple, high-quality ingredients: warm, freshly baked bread drizzled with fragrant olive oil, layered with juicy sun-ripened tomatoes, anchovies, oregano, and local cheeses. We'll enjoy this rustic delicacy in a charming setting, with stunning views of the Faraglioni di Scopello, the dramatic rock formations rising from the crystal-clear sea.

- WITH THE FLAVORS OF SICILY LINGERING ON OUR PALATES AND THE BEAUTY OF THE ISLAND ETCHED IN OUR MEMORIES, WE'LL CONTINUE TOWARD THE AIRPORT, SAVORING THE FINAL MOMENTS OF OUR JOURNEY.
- TRANSFER TO PALERMO AIRPORT, CIAO SICILY!



QUOTE
INCLUDES:



****Our mission at The Sicily Experience is to immerse you in this passionate culture to truly have you experience Sicily just like a local****



Live shows
with Emmet
Cohen



Additional
expert guides



Highly-rated
lodging



Air conditioned
transportation



All breakfasts at
your lodging



Admission to
activities listed
on your itinerary



All lunches and
Welcome Dinner



Expert Tour
leader

PLEASE NOTE:

- TIPS FOR YOUR GUIDES AND DRIVERS ARE NOT INCLUDED. THE FOLLOWING AMOUNTS (IN EURO) ARE RECOMMENDED:
 - Local city guides: 3 EURO per person
 - Drivers: 5 EURO per person per day
 - Tour Leaders: the amount is up to you, but we suggest 10 EURO per person per day
- EACH INCLUDED MEAL WILL INCLUDE ONE NON-ALCOHOLIC BEVERAGE OR GLASS OF WINE. MEALS WILL BE SERVED FAMILY STYLE.

“To have seen Italy without having seen Sicily is not to have seen Italy at all” – German writer Goethe, 1787.

This itinerary was thoughtfully crafted to showcase incredible music, beautiful towns, and authentic local experiences, including exclusive concerts with Emmet Cohen. As such, the schedule is subject to change based on the final confirmation of concert venues and dates. We appreciate your flexibility as we finalize these special events.



ARRIVEDERCI!

